

CHILD

C Creating safe and supportive environments for optimal wellbeing and development

H Helping children to learn social and emotional skills and manage their own behaviour

I Identifying babies, children and families who may be in need of additional support

L Linking families with support and information services for mental health and wellbeing

D Developing broader organisational and community strategies that support wellbeing

The CHILD framework summarises the practical strategies that teachers and educators can use to support children's optimal social and emotional development and wellbeing, ultimately supporting their mental health.

